



Bucksport Regional
Health Center



August 2026

BRHC Health Beat



Message from the CEO

Carol Carew, RN, BSN, MBA

Happy August! Each year at this time we celebrate National Health Center Week. We have giveaways for patients and special events to honor and thank staff, including chair massages and an ice cream bar.

August is also Immunization Awareness Month. We are coming into Back-to-School mode so now is the time to think about getting your children immunized. Also, a quick reminder that we have a School Based Health Center (see back) in Ellsworth High that is available to children, staff and parents.

We are so thrilled to have a pharmacy in our Bucksport location, which is open to everyone, not just patients. Meet our pharmacist, Kelsie Snow, on the back page. And note that our pharmacy can help you save money, so when you need medication, think of us first. We also offer free delivery!

Carol

Our Pharmacy is open to the public!

Visit our pharmacy, 110 Broadway, Bucksport

Hours of Operation are:

Monday - Friday: 8:00 a.m. to 5:00 p.m.

NATIONAL HEALTH CENTER WEEK August 2-8, 2026

In 1965, as a small grassroots effort was established to bring health care to places with limited access. Over the next 61 years, this movement has blossomed into a nationwide network serving more than 52 million people at more than 17,000 locations.

During Health Center Week, we're celebrating the difference Community Health Centers (CHC) make every single day. At these centers, patients aren't just getting care, they're actually helping lead the organizations. Patients make up more than half of every CHC board, so the voices and experiences of the community guide decisions about services, priorities, and programs. That's what keeps health centers grounded in real needs and it works.

We are very thankful for our patients and staff (see right) and realize that without them, we wouldn't be here working to make our little corner of the world healthier.



Thank you!

As an organization, we want to take a minute to say a truly heartfelt **thank you**. Every day, our clinic is filled with compassion, dedication, and trust and that's because of you.

To our staff: your commitment to caring for others, your teamwork, and your ability to bring comfort even on the busiest days make this clinic feel like family. You show up with kindness, skill, and heart, and we are deeply grateful for everything you do.

To our patients: thank you for choosing us, trusting us, and allowing us to be part of your health journey. Your stories, your resilience, and your smiles brighten our days. You remind us why this work matters so much.

Together, you create a community where people feel supported, respected, and cared for. We're honored to serve you, and we appreciate each and every one of you more than words can say.



NATIONAL ASSOCIATION OF
COMMUNITY HEALTH CENTERS®

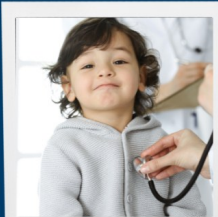
WHO COMMUNITY HEALTH CENTERS SERVE



**1 IN 3 RURAL
RESIDENTS**



**1 IN 5 PEOPLE WHO
RELY ON MEDICAID**



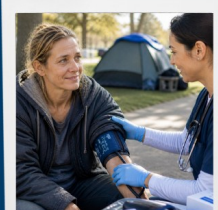
1 IN 8 CHILDREN



428,000 VETERANS



**1.2 MILLION SCHOOL-
BASED PATIENTS**



**1.5 MILLION HOMELESS
INDIVIDUALS**

BRHC, 110 Broadway, Bucksport, 469-7371

Bucksport Regional Coastal Health Center, 37 Commerce Park, Ellsworth, 667-5064

BRHC is a Federal Tort Claims Act (FTCA) deemed facility. Visit bphc.hrsa.gov/ftca/about for more information.
BRHC is an equal opportunity provider and employer.

bucksportrhc.org



Welcome Kelsie. We are thrilled to have you on the BRHC team!

Meet our Pharmacist, Kelsie Snow!

Kelsie grew up in Etna, went to John Bapst High School, and graduated from Husson University with her Doctor of Pharmacy and a Masters of Public Health.

She has worked across hospitals, clinics, done teaching, and even started an infusion center pharmacy in Bangor. She serves as Chair of Maine's Prescription Drug Affordability Board.

Her key passions are making sure patients are taking the right medications for the right reasons, ensuring patients can afford the medications they are prescribed and trying to keep things as simple as possible. She also helps patients with substance use disorders.

Outside of work, you'll find her with her dogs and nieces, hiking, and, as a photographer, taking photos. She also bakes some "mean" cinnamon rolls and donuts.

Kelsie was honored to have received the Distinguished Young Pharmacist of the Year Award for supporting immunization and CPR trainings during COVID.

Wordsearch August

doughboys
rides
roller coaster
tents
ice cream

fairgrounds
tickets
prizes
popcorn
clowns

ferris wheel
funnel cakes
cotton candy
animals
games



We have Veggie and Fruit Giveaways each month thanks to Good Shepherd Food Bank and local farmers. Our Community Garden will be growing too so watch our Facebook page for dates and times.

We are hiring ...

Visit www.bucksportrhc.org to learn more.

- Walk-in Care FNP/PA. every 3rd Saturday
- Medical Assistant - Ellsworth and Bucksport
- Licensed Clinical Social Worker (Per Diem)
- Registered Nurse Care Coordinator
- Clinical Medical Assistant Lead
- Staff Accountant

School Based Health Center

SBHC for all Ellsworth School

District students, staff and families.

Some things we can help with

Located in:

Ellsworth High School,
24 Lejok St, Ellsworth

• Asthma

• Cough/cold

• Fever

• Stomachache

• Sprain

• Dental care

• Immunizations

• Counseling

• And more

c d e m n r e k m n s c a s
d r s n f a i s t e k c i t
r e t s a o c r e l l o r s
o r a d y p r i z e s t e n
e g o n o o c c e r e t c n
e s p u i e b h u n i o m h
e r p o c m w h t e c n b h
i s o r p s a s g n r c n h
w g e g i c c l l u l a e r
n a r r i d o a s o o n r y
m m r i d e s r w z e d n e
s e k a c l e n n u f y i o
f s z f c e s e a i l e e i
l n e o e c s s h n k s t c