

Reduce the risk of COVID this holiday season

Consider these points when planning holiday celebrations:

- The number of COVID-19 cases in your community.
- The location - Indoor gatherings generally pose more risk than outdoor gatherings.
- Length of Time - Long gatherings pose more risk than shorter gatherings.
- Number of guests - Overall, fewer guests equals less risk, but keeping celebrations limited to those in your household is safer.

Remember: People with COVID-19 do NOT always seem sick.

Many with the virus have no symptoms so it is impossible to tell who is infected.

- Traveling - Consider where your guests are coming from. Are there a lot of cases in their areas?
- The behavior of guests - Handwashing, wearing a mask, and social distancing are the best practices for preventing transmission.
- Stay home if you are sick, awaiting COVID-19 results, or have been around someone with COVID-19.

If you are hosting, consider opening windows to improve air circulation, arrange tables, chairs and activities to increase social distancing, encourage contactless greetings, offer masks, and set out hand sanitizers. Refer to www.CDC.gov for more information.

Alternative Celebration Tips

- Consider virtual celebrations, with ZOOM, Facetime, etc.
- Do something special with the people you live with
- Plan an outside activity

Keep ME Healthy

6 Feet
Maintain physical distance

Wash hands with soap & water
Or use hand sanitizer

Wear a mask or cloth face covering

TOWN OF BUCKSPORT, MAINE
INCORPORATED 1792

Bucksport
Orland
Prospect
Verona Island

BUCKSPORT BAY HEALTHY COMMUNITIES
Rising to the Challenge

Healthy Acadia
Building vibrant communities

Bucksport Regional Health Center

BUCKSPORT POLICE
BUCKSPORT FIRE
BUCKSPORT DISPATCH

MAIN STREET BUCKSPORT

REGIONAL SCHOOL UNIT 25
Bucksport • Prospect • Orland • Verona Island

HOME, Inc.
Years OF Building Hope

BUCKSPORT HEART & SOUL

Town of Verona Island, Bucksport Senior Center,
Bucksport Community Concerns and Buck Memorial Library